

FREE

NUTRITION EDUCATION PROGRAMS INTEGRATE WITH LANGUAGE ARTS AND FULFILL SCHOOL WELLNESS GOALS!

Enroll now at www.NutritionExplorations.org



LITTLE D'S NUTRITION EXPEDITION™

Little D's Nutrition Expedition™ transports 2nd graders back to the time of castles and dragons. Students learn the basics of healthy eating from Little D, the Five-Food-Group Dragon, and his Royal Food Family Friends.

TURNKEY: EVERYTHING YOU NEED TO TEACH NUTRITION AND MORE

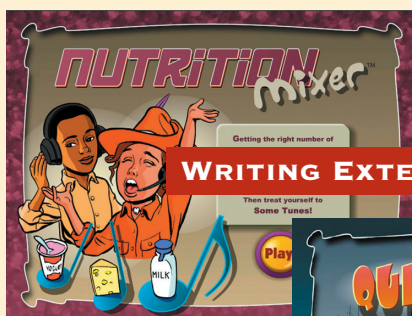
- Nutrition Backgrounder provides a quick nutrition review
- Step-by-step lessons and reproducible masters make prep a snap
- Home Connections extend nutrition learning beyond the classroom
- Interactive educational games review and reinforce lesson concepts

MULTIMEDIA

Each program includes 4 interactive, nutrition education games.

Preview them at

www.NutritionExplorations.org/kids.



WRITING EXTENSION



FOOD IDENTIFICATION AND CLASSIFICATION

CLASSROOM TESTED AND LEARNER VERIFIED

"I like the assessment component and how the lessons correlate with national health standards."

– 2nd Grade Teacher

"The cross-curricular aspect makes it easy to fit into language arts and science."

– 4th Grade Teacher



ARIANNA'S NUTRITION EXPEDITION™

Arianna's Nutrition Expedition™ takes 4th graders on a trip around the globe. Students solve nutrition mysteries and learn about healthy eating with expert sleuths Arianna Bones and Marcus Muscleman in Antarctica, on the Orient Express and at other exciting venues.

THESE PROGRAMS SUPPORT MYPYRAMID AND NATIONAL HEALTH STANDARDS.

It's FREE! It's EASY. It's open to all 2nd and 4th grade teachers.
Find out for yourself...Learn more with Dairy Council®'s online tour. Enroll today.

www.NutritionExplorations.org